

## FEBRUARY KIDS' CLUB ACTIVITY SCHEDULE

<b>MONDAY All Classes 6:00-7:00 P.M.</b>		<b>2/6</b>	<b>2/13</b>	<b>2/20</b>	<b>2/27</b>
FOOTBALL		Kevin	Kevin	Kevin	Kevin
<b>TUESDAY</b>		<b>2/7</b>	<b>2/14</b>	<b>2/21</b>	<b>2/28</b>
<u>SOCCER</u>		Bre	Bre	Bre	Bre
<b>WEDNESDAY</b>	<b>2/1</b>	<b>2/8</b>	<b>2/15</b>	<b>2/22</b>	<b>2/29</b>
RELAYS	Kevin	Kevin	Kevin	Kevin	Kevin
<b>THURSDAY</b>	<b>2/2</b>	<b>2/9</b>	<b>2/16</b>	<b>2/23</b>	
SWIM	Kevin	Kevin	Kevin	Kevin	

*For more information, or to sign up your child for one of the activities...  
Call 313.562.1296*

### Important Things To Remember...

- All of the Kid's Club Activities are complimentary to our little club members
- Guests are welcome for \$5 per child per day.
- All activities will be supervised by a club staff representative.
- You can sign your child up for all activities at the Member Check-In Desk

#### *Fit Kids*

This innovative program is designed to get 12 and 13 year olds into the fitness center early! In this program our young members will spend 4 sessions with a certified trainer learning: anatomy, program design, fitness etiquette, proper exercise technique and much more.

*Program Cost \$99*

*For More Info Contact Justin Rada at  
313.562.1296 or [jrada@thedrhc.com](mailto:jrada@thedrhc.com)*

#### *Personal Training*

The club offers a variety of fitness programming for members to achieve their individual fitness goals. Our Certified Personal Trainers have a proven track record of getting their clients results.

**Call Justin Rada to set up your...**

**"COMPLIMENTARY PROGRAM CONSULTATION"  
today!**

**For More Info Contact Justin at 313.562.1296 or  
[jrada@thedrhc.com](mailto:jrada@thedrhc.com)**