

MARCH KIDS' CLUB ACTIVITY SCHEDULE

MONDAY All Classes 6:00-7:00 P.M.	3/2	3/9	3/16	3/23	3/30	
Youth Fitness (Ping Pong)	Tara	Tara	Tara	Tara	Tara	
Soccer (Rac Ct 4)	Kristy	Kristy	Kristy	Kristy	Kristy	
TUESDAY	3/3	3/10	3/17	3/24	3/31	
<u>Kids Kick Boxing</u> 6:15-7:15	Eric	Eric	Eric	Eric	Eric	
Ping pong, Golf Season Games	Rita	Rita	Rita	Rita	Rita	
WEDNESDAY	3/4	3/11	3/18	3/25		
Kids Hip Hop	Whitney	Whitney	Whitney	Whitney		
Kids Playground Games(Tac Court 4)	Rita	Rita	Rita	Rita		
THURSDAY	3/5	3/12	3/19	3/26		
Swim	Vargas	Vargas	Vargas	Vargas		

For more information, or to sign up your child for one of the activities...

Call 313.562.1296

Important Things To Remember...

- All of the Kid's Club Activities are complimentary to our little club members
- Guests are welcome for \$5 per child per day.
- All activities will be supervised by a club staff representative.
- You can sign your child up for all activities at the Member Check-In Desk

Fit Kids

This inovative program is designed to get 12 and 13 year olds into the fitness center early! In this program our young members will spend 4 sessions witha certified trainer learning: anatomy, program design, fitness etiquette, proper exercise technique and much more.

Program Cost \$99

*For More Info Contact Mark Wisneski at
313.562.1296 or mwisneski@thedrhc.com*

Personal Training

The club offers a variety of fitness programming for members to achieve their individual fitness goals. Our Certified Personal Trainers have a proven track record of getting their clients results.

Call Mark Wisneski to set up your...

**"COMPLIMENTARY PROGRAM CONSULTATION"
today!**

**For More Info Contact Mark at 313.562.1296 or
mwisneski@thedrhc.com**