

Serving up Tennis  
For Everyone!



DEARBORN  
RACQUET & HEALTH CLUB

# 2011 - 2012 Tennis Program

313.562.1296  
www.thedrhc.com

## PROFESSIONAL STAFF

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Justin Toth

## PRIVATE INSTRUCTION

Private lessons are offered for the student desiring one-on-one stroke improvement or drilling.

Cost: \$65.00 per hour / \$40.00 per half-hour  
Semi-Private Lessons:  
\$72.00 for 2 Students (\$36.00 Each)  
\$84.00 for 3 Students (\$28.00 Each)

\*Non-Members: \$5.00 guest fee per lesson



2727 South Gulley  
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Managed By



www.baselinetennis.net

## ADULT PROGRAMMING

**Swing Time:** This 4 week introductory session is great for new players or those returning to the game after a break. Must have a min of 5 students enrolled. Call the front desk and be placed on a list if interested. We will contact you for confirmation on day and time of class. (Limit one session per player). Cost: \$52

### Advanced Beginner Clinics:

Monday 6:00-7:30pm  
Monday 7:30-9:00pm  
Wednesday 6:30-8:00pm  
Thursday 7:00-8:30pm

### Intermediate/Advanced Clinics and Drills:

Monday 6:00-7:30pm  
Monday 7:30-9:00pm  
Tuesday 7:00-8:30pm

### Drill and Play:

Thursday 7:00-9:00pm  
Sunday 10:00-11:30am

### CARDIO TENNIS

Cardio Tennis is first and foremost a Fitness Program. Cardio Tennis will elevate a person's heart rate into their Aerobic Zone. The pro will challenge you to your ability and Fitness Level.

Tuesday 6:00-7:00pm \$15.00  
Sunday 9:00-10:00am Member Comp  
Non \$15.00

### ORGANIZED PRACTICE

Join us for 90 minutes of drills, games and fun.  
Monday 7:00-8:30pm

### FRIDAY NIGHT ADULT MATCH PLAY

Watch the schedule for our twice per month adult match play events from 7:00-9:00pm.

## QuickStart Tennis at DRHC

QuickStart tennis is specifically designed for kids ages 5-10 years. QuickStart includes six specifications, including age, court size, racquet length, ball weight and speed, net height and scoring format. This enables youngsters to practice and play real tennis to scale and allows them to play and learn at the same time-as opposed to the traditional model of learning the skills before playing the game.

**Pee Wee:** Children will be taught hand eye coordination, movement skills and the basics of tennis through various games and drills. These players will use the RED ball and play on the 36' court.  
(ages 3-4) Saturday 9:00-9:30am

**Beginner:** Designed for children with little or no prior tennis experience. Students will learn the basic strokes and develop enthusiasm for the game using the RED ball and the 36' court.  
(ages 5-6) Tuesday 4:00-5:00pm  
(ages 7-9) Tuesday 4:00-5:00pm  
(ages 5-6) Thursday 5:00-6:00pm  
(ages 7-9) Thursday 5:00-6:00pm  
(ages 5-9) Saturday 9:30-10:30am  
(ages 9-12) Saturday 10:30-11:30am

**Advanced Beginner:** Designed for students who have had some training but still need work on technique and strategy. These players will use both the RED and ORANGE ball on the 36' and 60' court.

(ages 8-10) Monday 4:30-6:00pm  
(ages 9-12) Tuesday 5:00-6:30pm  
(ages 6-9) Thursday 6:00-7:00pm  
(ages 10-12) Thursday 6:00-7:00pm  
(ages 7-9) Saturday 9:30-10:30am

## Junior Mixers and Match Play

Watch for details for these great programs  
Friday 5:00-7:00pm Sunday 12:00-2:00pm

## INTENSIVE JUNIOR TENNIS CLINICS

### Junior Program Policies

If for some reason your child has to withdraw from the junior program due to injury or personal reasons, you must contact the Tennis Director immediately to insure that credit begins. If it is known in advance that your child will miss any time during a session, please notify the Program Director at the time of registration. This is the ONLY time the fee can be prorated. Any outstanding fees are subject to an additional charge. We reserve the right to consolidate or cancel any class. The DRHC, Baseline Tennis and the teaching professionals reserve the right to move students into appropriate classes at any time during a session. Juniors advance to higher groups on the recommendation of the professional staff.

GROUP	AGE AND LEVEL	DAYS AND TIMES	PROGRAM FOCUS
Tournament Training	Juniors 13-18 who have a USTA rank and are playing USTA Tournaments and Team Tennis.	Thurs 4:00-6:00pm Sun 12:00-2:00pm	Drills, strategy and competitive play
High School Players	Juniors 14-18 who play on the top Varsity singles and doubles spots.	Tue 4:00-6:00pm Wed 4:00-6:00pm Sat 11:30-1:30pm	Instruction, drills, strategy and play
	Juniors 14-18 who play lower level Varsity or on a J.V. team.	Mon 4:00-6:00pm Wed 4:00-6:00pm	Instruction, skill development and play
	Beginner	Sat 10:30-11:30am	
Future Stars	For middle school and more advanced elementary-school players who want to prepare for competitive play.	Mon 4:30-6:00pm Tue 5:00-6:30pm (elite) Wed 4:30-6:00pm Sat 10:30-12:00pm	Instruction, drills and games
Travel Team	For Juniors 7-18 who want competitive play via team matches.	Saturday and Sunday Matches are 2 hours and are played from 2pm-8pm	Team format, competitive play

### Adult and Junior Session Dates and Fees

- Sept 12 - Oct 16
- Oct 17 - Nov 20
- Nov 21 - Dec 24 (Sun 4 wks)
- Jan 3 - Feb 5 (Mon 4 wks)
- Feb 6 - Mar 11
- Mar 12 - Apr 15
- Apr 16 - May 20

(All Sessions 5 Weeks unless noted)

Cost: (5 weeks)	Mem	NM
30 Minute Class	\$45	\$70
1 Hour Class	\$85	\$110
1.5 Hour Class	\$115	\$140
2 Hour Class	\$140	\$165
Cost: (Drop-in)	Mem	NM
30 Minute Class	\$12	\$17
1 Hour Class	\$20	\$25
1.5 Hour Class	\$26	\$31
2 Hour Class	\$31	\$36